



IRENE NEWS

18 October 2021

No 43 – 2021



IMPORTANT LETTER FROM ASA DATED 14 OCTOBER 2021

Dear ASA Members

CIRCULAR 45 OF ASA 2021 – RETURN TO PLAY, COVID-19 VACCINATION PROGRAMME

On 9 September 2021, ASA issued Circular 39 requesting Members to encourage their athletes, to provide proof of vaccination in particular ahead of the 2021 ASA Marathon Championships which will be held in Cape Town on 17 October 2021.

We thank all those who have responded accordingly to date.

On Monday, 11 October 2021, the government permitted the return of spectators of up to a maximum of 750 indoors and up to a maximum of 2000 outdoors. This was with immediate effect and this is subject to adhering to strict Covid-19 health protocols.

In our ongoing effort to present a solid case to the Minister of Sports, Arts and Culture, Mr Nathi Mthethwa to open athletics even further by increasing the number of spectators, the ASA office is calling for Members:

1. To invite or encourage Athletes, Coaches and Technical Officials to load proof of Covid-19 vaccinations the Vaccination-drive using the following link: <https://tinyurl.com/ASA-covid192-Vaccination-drive>
2. To take responsibility to encourage their Athletes, Coaches, Technical Officials, Staff and Public to vaccinate against Covid-19.
3. To note that the ASA office, in conjunction with Western Province Athletics have invited the Western Cape Health Department to set-up sites to provide on-the-spot vaccinations during the marathon. This will be available for first time jabs, where your official documents (including the ID) will be required. For those requiring their second jabs, an official document and the Covid-19 Vaccination Card issued after first jab, will be required.
4. To also invite the Department of Health in your respective provinces to set-up vaccinations sites and service during your various competitions during your calendar of activities

This ASA drive is intended to be massive so that it assists all of us as an Athletics Family to convince Minister Mthethwa to open the gates further so that we can all return to normality.

Meanwhile, we remind you to continue wearing masks, washing hands, sanitising, coughing on the elbow, refraining from handshakes, elbow or foot greeting and to apply social distancing of at least 1.5 metres at all times.

Yours faithfully,

Terrence Magogodela Acting CEO

ACHIEVEMENTS

Keith Reynolds was selected for the AGN team to compete at the ASA 10 km championships at the end of the month, well done.

TRAIL RUN

Please support the trail run on Saturday. It is the place to be on a Saturday morning.



ARC IRENE HYBRID RUN/WALK

CHOOSE BETWEEN
A **ROAD RUN/WALK**
OR A **TRAIL RUN/WALK**

REGISTER AND START ANYTIME
FROM 06H00 TILL 08H00

DATE AND TIME
23 OCTOBER '21
REGISTER & START
ANYTIME
06H00 TILL 08H00

ONLINE PRICE FOR ROAD AND TRAIL RUNS:
5km~R75 / 10km~R95 / 15km~R115 / 21km~R135
Under 13 yrs & over 60 yrs only pay R30 (no surcharge applies)
ON-THE-DAY ENTRIES CARRIES A R25 SURCHARGE

2km, 5km & 10km: Start between 06h00 till 08h00
15km & 21km: Start between 06h00 till 07h00

ALL FINISHERS RECEIVES A MEDAL
ALSO QUALITY FOR VITALITY POINTS

ENTER @
WWW.REVOLUTIONTRAILS.CO.ZA

VENUE:
ARC IRENE CAMPUS
IRENE ATHLETICS CLUBHOUSE, NELMAPIUS DRIVE, IRENE, CENTURION

For more information contact us at:
083 264 3931 | revolutiontrails@gmail.com

20/20 VISION CARE
YCEBÉ PURE ADRENALINE

The poster features images of two women running on a dirt trail and a man running on a paved road. The Revolution Trails logo is prominently displayed in the bottom right corner.

BAR NEWS

There will be curry and rice for sale at the bar on Tuesday evening for only R40.

To ensure that you will not be disappointed, place your order via WhatsApp and send it to 0828927544

As usual there will be fires for those who want to braai.



ANNUAL GENERAL MEETING

Please be reminded of the AGM that will take place in the Lapa at the club house on Tuesday evening, 9 November at 18:30.

You are invited once again to submit the names of candidates whom you would like to nominate for any specific position on the management committee.

THE CLOSING DATE FOR NOMINATIONS IS FRIDAY, 22 OCTOBER

PERSONALIA

Congratulations to the following members who celebrate their birthdays during the week:

Henry	Enslin	18 Oct
Stanley	Macmillan	20 Oct
Antoinette	Reynolds	23 Oct
Elmon	Mhlanga	23 Oct
Nelda	Smith	24 Oct



Website: www.csi-euf.co.za

Tel: 011 805 6316

THOUGHT FOR THE WEEK

The greatest pleasure in life is doing what people say you cannot do.

PHOTO CORNER



The photo we have all been waiting for! Our own Daredevils in action on Friday. Well done guys, you did it for a worthy cause. By the way, they are Con Purchase, Linley September, Emile Myburgh, Johan Engelbrecht and Pieter van der Westhuizen



Keith Reynolds (far right), joined a group in Pierre van Ryneveld



A perfect evening at the club house last Tuesday. We hope to see more people at the club house now after the latest announcement by the President



Some of the regular braaiers in action



Mariet Louw and Letha Kotze (front), used the walk as an excuse to attend the Beer Fest

Congratulations to all our members who completed the Cape Town Marathon on Sunday.
Here are photos of a few:



Johan Groenewald



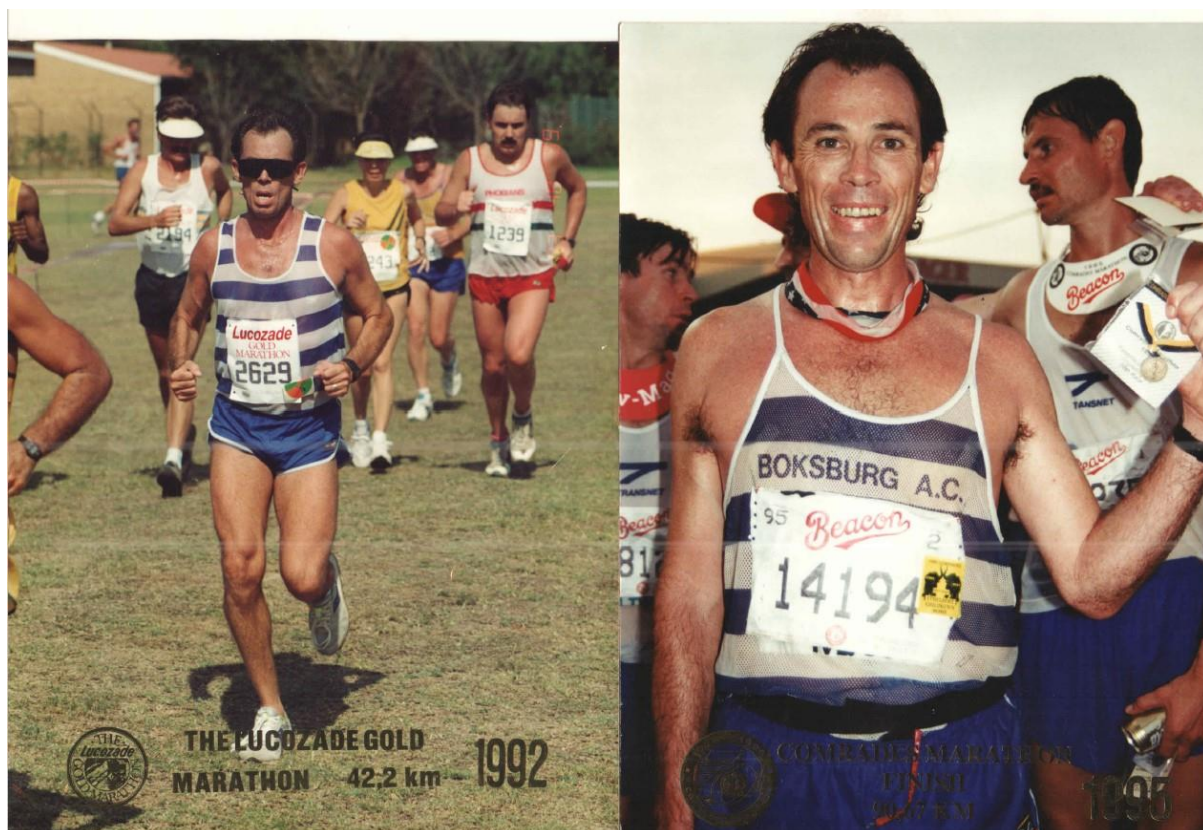
Jason Hubner



Rosemary Brink



Joubert Krugel



Guess who this is? He is a member of the club and not very active these days. Send your answer to info@irenerunner.co.za

Please send your photos if you think we will find it difficult to guess who it is.



JOINTEze™

