



IRENE NEWS

17 November 2014

No 46 - 2014



ACHIEVEMENTS

Congratulations to the following walkers who earned medals in their respective age categories at the AGN 10 km walking championships that was part of the Kolonnade race on Saturday:

Elsa Meyer	Gold
Lucia Willemse	Gold
Keith Reynolds	Gold
Ray Patterson	Gold
Gerard van den Raad	Gold
Tillie Kamper	Silver

Elsa Meyer and Gerard van den Raad made us proud when they were chosen by the AGN Masters Association as best female and male walker respectively of 2014.

Well done!

Sune Jordaan	1 st Lady walker - Kolonnade 10 km
Angela Pottinger	3 rd Lady walker – Kolonnade 21 km

Congratulations!

PERSONAL ACHIEVEMENTS

None received

TOM JENKINS

Please remember that the Tom Jenkins biggest bus challenge takes place this Saturday. Let us put in a big effort to take the prize once again. It will be on the 9.4 km and we will do this at a very social pace. There will be something to drink in the trolley and, true to tradition, the ladies will take care of the trolley up the big hill!!

Please take note that those members who sent in their details last week to enter for the race, will receive their race numbers at the caravan on Saturday morning at the race.

REGISTRATIONS FOR 2015

Registrations for 2015 will probably start in the beginning of December. The 2015 licence numbers haven't been received by AGN yet. We will keep you posted.

MANAGEMENT COMMITTEE 2015

The following members will serve on the management committee of 2015:



Louis Visser
Chairman



Zelna Black
Admin Manager



Claudia Cockcroft
Financial Manager



Gerard van den Raad
Technical Manager



Linley September
Club Captain



Frances Lezar
Ladies Captain



Dorette Muller
Social



Diederick Steyn
Social



Ray Patterson
Walkers Captain



Petro Smit
Additional Member



Henk Basson
Additional Member



Lindie Steenkamp
Additional Member

Congratulations to all of you! Thank you for making yourself available to serve Irene Athletics Club and its members. Wynand Breytenbach stays on as General Manager.

On this note we also want to thank the committee members who stepped down. Thank you for your hard and dedicated work. We salute all of you.

Please note that the proposed management structure that was communicated to you was not approved at the AGM, hence the same structure as in the past. The new committee has been tasked to attend to it in the new year.

YEAR END FUNCTION

Attached you will find the flyer once again. Please book you're your place now! You just have to be there!

PERSONALIA

Charl Cilliers broke his leg last week and will be out of action for a long time. We trust that he will recover fully.

Congratulations to everybody celebrating their birthdays during the week.

Joey	van der Walt	17-Nov
Jeannie	Snyman	18-Nov
Ronel	Stadler	18-Nov
Pierre	Uys	18-Nov
Rens	Bester	20-Nov
Francois	de Klerk	20-Nov
Piet	Van Loggerenberg	20-Nov
Charmaine	Janse van Rensburg	21-Nov
Jolande	Janse van Rensburg	21-Nov
Liezl	Viljoen	21-Nov
Martin	Breytenbach	22-Nov
Shane	Gouldie	22-Nov
Lorinda	Phillips	22-Nov
Isabel	Koch	23-Nov
Keobakile	Mpolokeng	23-Nov
Ilana	Richter	23-Nov
Mark	Sanders	23-Nov



NOTICE BOARD

Saturday 22 November
Run/Walk Challenge (Special Edition)

Tom Jenkins

Unite – Nelson Mandela Sport and Culture Day 2014

Race Organisers: Arcadia Running Club

Venue: Union Buildings, Pretoria

	27 km	9.4 km	5 km
Entry fees	R 70	R 50	R 40
Start time	06h30	06h45	07h00
Time Limit	03h00		

Pre-entries at: Run-A-Way Sport; Running Inn Pretoria; Sweatshop Southdowns, Dunkeld, Fourways Crossing & Bedford Arcade; The Runners Store

Closing date for entries: 15 November 2014

Saturday 29 November
km

Muller Potgieter Road Race - 21.1/10/5

Race Organisers: Voortrekker Monument Draf & Stap klub

Venue: Freedom Park, Skietpoort Street, Salvokop

GPS: S 25.763089⁰ E 028.185861⁰

	21.1 km	10 km	5 km
Entry fees	R 70	R 60	R 30
Start time	06h00		06h15
Time Limit	03h00		

Pre-entries at: Run-A-Way Sport, Running Inn, Outdoor Freedom Mall@Reds, Postnet Pretoria West

On-line entries: www.entrytime.co.za

Secure parking at Jopie Fourie Primary School (200m from the start)

2014 AGN LEAGUE FIXTURE LIST				
EVENT	DIST	DATE	LEAGUE	
			RR	RW

Great Run IV	10 km	06/12/14	X	X
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Masters Athletics Fixture list

Local meetings

20/21 March 2015	WP Champs - Bellville/Greenpoint
20/21 March 2015	KZN Champs - Durban
4 April 2015	GN Champs - Pilditch

You are regularly informed about league meetings, please support these meetings. Results are taken into consideration when choosing the GN team for SA's.

SA Masters Championships

1/2 May 2015	KZN - Durban
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International Championships

Next appointment: Torun 2015 (March 23-28)

4 – 16 August 2015 WMA Championships, Lyon, France

<http://www.lyon2015.com>

26 Oct – 6 November 2016 MA Championships, Perth, Australia

<http://www.perth2016.com>

18 – 25 March 2017 World Indoor Championship 2017 in Daegu, Korea

THOUGHT FOR THE WEEK

Maybe . . . it is true that we don't know what we have until we lose it, but it is also true that we don't know what we have been missing until it arrives



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Photo Corner (Kolonnade race)











