



# IRENE NEWS

1 November 2021

No 45 – 2021



## **SPONSORSHIPS**

We want to call on all our members to assist in getting sponsorships for our races in 2022. It can be big or small.

Please let us know if you can assist in any way.

## **SOCIAL EVENING**

It will be our monthly social evening again on Tuesday evening.

Be there to stand a chance to win a pair of Asics running shoes in the lucky draw. You have to be present when the draw takes place and you have to be a club member to win the shoes.

On the menu will be Lasagne and green salad @ R60.

To ensure that you will not be disappointed, place your order via WhatsApp and send it to Dave at 0828927544

As usual there will be fires for those who want to braai.



## **IRENE FARM RACE**

Our virtual Farm Race was a huge success!

We received 1079 entries in total. Just over 200 chose to do their run on the ARC premises.

Thank you to our committee members who ensured that it was a big success.

We want to thank Vitality once again for the great effort they put into this.

## **ANNUAL GENERAL MEETING**

Please be reminded of the AGM that will take place in the Lapa at the club house on Tuesday evening, 9 November at 18:30.

No nominations for the committee can be accepted anymore.

## TRAIL RUN

It is the place to be on a Saturday morning.



**ARC IRENE HYBRID RUN/WALK**  
**6<sup>th</sup> NOVEMBER '21**  
STAGGERED STARTS BETWEEN 06H00 TILL 08H00  
**ROAD OR TRAIL RUN**  
2KM, 5KM, 10KM, 15KM OR 21KM  
**ENTER ONLINE AT**  
[WWW.REVOLUTIONTRAILS.CO.ZA](http://WWW.REVOLUTIONTRAILS.CO.ZA)  
VENUE: IRENE ATHLETICS CLUBHOUSE, ARC IRENE, NELMAPIUS DRIVE, CENTURION

FOR MORE INFORMATION CONTACT US AT:  
083 264 3931 | [REVOLUTIONTRAILS@GMAIL.COM](mailto:REVOLUTIONTRAILS@GMAIL.COM)

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## PERSONALIA

Both Rose Kavallineas and Fanie van Wyngaard underwent surgery recently, we wish them a speedy recovery.

Congratulations to the following members who celebrate their birthdays during the week:

Ilze	Botes	03 Nov
Thys	Oosthuizen	04 Nov
Johan	Engelbrecht	05 Nov
Bridget	Mohlala	05 Nov
Francois	Bester	05 Nov
Karen	van Loggerenberg	06 Nov
Mark	Adams	07 Nov



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## THOUGHT FOR THE WEEK

It is better to light a candle than to curse the darkness.

**JOINT**Eze™



## ***PHOTO CORNER***

**Action at the Irene Farm Race. What a beautiful morning!**





