



IRENE NEWS

22 February 2021

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SOCIAL EVENING 16 FEBRUARY

Thank you to all who came to collect their club T-shirts and who were part of the bring and braai. It was a great evening and good to see so many members for the first time in a very long time.

The collection of the T-shirts of the first batch can be done every Tuesday between 17:00 and 19:00.

Congratulations to new member André Smuts who won the pair of Asics shoes with the lucky draw. Thank you to Asics and the Sweatshop in Southdowns for making it possible.



A very happy André Smuts after winning the pair of shoes

REGISTRATIONS 2021

Remember that time is running out to qualify for your 2021 club T-shirt. Only members who register before the end of February will receive these quality T-shirts. Don't miss out!

We had more than 40 new registrations during the past two weeks! What a fantastic response from our members.

CROWDPLEASERS..!!



R15



R10

See you there on Tuesday!!

TIME TRIALS

Although we don't start together, all members are invited to come and enjoy their run/walk on a Tuesday. It is so special and a privilege to have the ARC grounds as our training facility.



JOINTEze™

PERSONALIA

Our condolences go to Renette Prinsloo whose father passed away on Sunday.

Congratulations to the following members who celebrate their birthdays during the week:

Marinda	Gatherer	23 Feb
Joel	Loftus	23 Feb
Lucian	Pretorius	23 Feb
David	Roux	23 Feb
Suzelle	Engels	24 Feb
Sandra	McIntosh	24 Feb
Theo	Bohnen	25 Feb
Andy	Crawshay-Hall	25 Feb
Annemarie	Oberholzer	25 Feb
Philip	Jacobson	27 Feb
Dimakatso	Moloantoa	28 Feb



Website: www.csi-euf.co.za

Tel: 011 805 6316

THOUGHT FOR THE WEEK

Don't ask Life: Why me? Instead say: Try me!

PHOTO CORNER (Social)



Maggie van Rooyen and Rose Kavallineas











A few of our members did the Pirates 21 on Sunday morning

