



# IRENE NEWS

25 January 2021

No 4 - 2021



## REGISTRATIONS 2021

Registrations for 2021 are coming in non-stop. Thank you to all our loyal club members and to the new members as well. It remains a privilege to be a member of IAC.

## CLUB HOUSE

All members are invited to join us on Tuesday afternoons. Come and enjoy your run/walk on the tranquil grounds of the ARC. Although we don't have official time trials starting together, you can enjoy your time trial on your own or with a few friends. The club house opens at 16:00.

## FEBRUARY SOCIAL

With the current level 3 restrictions still in place, our February social will not take place on the first Tuesday of the month as always. Hopefully some of the restrictions will be lifted that will allow us to have the social evening on the 16<sup>th</sup>. We will keep you posted.

## ATTACHMENTS

Have a look at the attachments. You may find it interesting.

## PERSONALIA

Congratulations to the following members who celebrate their birthdays during the week:

Kovilan	Rajaruthnam	25 Jan
Ansonet	Erichsen	26 Jan
Schalk	Liebenberg	27 Jan
Greg	Usher	27 Jan
MC	du Toit	28 Jan
Erik	van der Merwe	28 Jan
Yolandi	Killian	29 Jan
Nhlanhla	Makhanya	29 Jan
Chris	Cloete	31 Jan



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## THOUGHT FOR THE WEEK

Never put a wishbone where your backbone ought to be.

***PHOTO CORNER***



Pieter Saayman



Annatjie Greyvenstein trying to keep the sun out of her eyes





Estien van Wyngaard in action



Walkers captain Danie Labuschagne coaching Anna Pieterse and new member André Smuts



Getting ready for their run

  
**the sweat shop**  
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