



IRENE NEWS

5 October 2020

No 39 - 2020



EDITORIAL

Apart from different virtual races taking place, there is not much to report about these days. Members are requested to send in all relevant news and photos for publication in the newsletter.

TRAINING AT THE ARC

Everything is basically back to normal. Members can run on the grounds from 15:00 during weekdays and anytime over the weekends. The club house opens at 16:00 on Tuesdays. Members are welcome to start together at 17:30 as long as lockdown protocols are adhered to.

VIRTUAL CSI IRENE FARM RACE

Entries for the race are going very well. We want to call on all our members to support the club by entering for the race. We need to generate some income.

Use this link to enter: <https://irenefarmrace.co.za/>

We salute CSI for coming to the party even though it will be a virtual race. They are an amazing sponsor!



Website: www.csi-euf.co.za

Tel: 011 805 6316

Virtual CSI IRENE Farm Race

31 October 2020

CSI
Sales
Rentals
Property Management
Let Us Take Care Of Your Investment



Date: 31 October 2020
Venue: Countrywide! You run
in your area, in line with
COVID-19 restrictions
Closing Date: 30 October

5 km, 10 km, 21.1 km
Same entry fee for all the distances
Enter: www.irenefarmrace.co.za

Entry fees:

R30

- Virtual medal on your social media
- Vitality points where applicable

R60

- Real medal plus quality CSI buff (only 1000 buffs available)
- Vitality points where applicable

R140

Delivery of:

- Real medal plus quality CSI buff (only 1000 buffs available)
- Vitality points where applicable

Race rules

- Athletes indemnify the national, provincial and regional bodies, sponsors and organisers of the race against any or all actions of whatsoever nature, whatever the same may be arising out of their participation in the event.
- All athletes participate at their own risk. Athletes acknowledge that by entering the event, they are medically fit to participate.
- Minimum age for participation: 21.1km 16 years old and 10km 14 years old.

Choose sport shop for collection of medal and buff:

- Run-Away-Sport: 012 361 3733
- Sweatshop Southdowns: 012 665 0048
- Sweatshop Dunkeld: 011 325 2567
- Sweatshop Bedfordview: 011 325 2567
- Sweatshop Broadacres: 011 465 2556

I hereby waive and abandon any or all claims of whatever nature that may arise from my participation in this event.

PERSONALIA

Danie Joubert had a back operation during the week, we wish him a speedy recovery.

Congratulations to the following members who celebrate their birthdays during the week:

Megan	Brown	07 Oct
Gerna	Horak	07 Oct
Brian	Peters	07 Oct
Adriaan	Visser	07 Oct
Corlia	Oberholzer	08 Oct
Emgee	van der Merwe	08 Oct
Zoe	Le Roux	09 Oct
Grazyna	Koornhof	10 Oct
Isi	Van der Schyf	10 Oct
Yolandi	Wiese	10 Oct
Jaap	Willemse	11 Oct



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Tel: 011 805 6316



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REGISTERED QUANTITY SURVEYORS • GEREISTREERDE BOUREKENAARS

Members: GJ Cillie B.Sc (QS) UP, PrQS, PMAQS, MRICS | Guillaume Cillie B.Sc (QS) Hons UP, PrQS

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THOUGHT FOR THE WEEK

Life is 10% what happens to you and 90% how you react to it.

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JOINTeze™

PHOTO CORNER



Annemarie Breytenbach



Derick van der Merwe



Megan Brown



Louwrens Smit



Ray Patterson



Letha Kotze and Rose Kavallineas



Things are getting back to normal



Pieter Jordaan



Linley September